

APPALACHIAN ACUPUNCTURE
113 E Unaka Ave, Johnson City, TN 37601
423-928-9394

New Patient Information

Directions:

- From I-26, take Exit 22 **Unaka/Watauga Ave**.
If you are headed east, towards Asheville, you will be at **Unaka Ave**, which is a one-way street; turn **right** onto Unaka Ave. **OR**
If you are headed west, towards Kingsport, you will be at **Watauga Ave**, proceed through the stop light and turn **left** onto Unaka Ave.
- Get in the **right** lane and continue on for 1.5 blocks.
- Turn **right** into the driveway for the Acupuncture clinic. (Acupuncture and Bodywork sign in the yard). If you come to the light at Roan St, you have gone too far.
- Park in the gravel parking lot behind the building.

Helpful Information before your first visit:

- Please be sure to arrive hydrated and having eaten, especially if your appointment is early in the morning.
- No special clothing is required.
- Your first visit will last about 90 minutes. Most people find acupuncture to be a relaxing experience. We look forward to working with you.

For the courtesy of other patients and practitioners sharing the office, we are a
FRAGRANCE-FREE facility.